

Chengdu Cooking Class

Itinerary

Date	Starting Time	Destination
Day 1	08:00 or 14:00	Chengdu Cooking Class

Meet up with your guide at the appointed time and head off to explore the dazzling local spice market with your assigned task of obtaining all the necessary ingredients and spices which will be used in the cooking class afterwards. After the fun experience in the local spice market, walk through the back streets to a hidden gem - a



traditional Sichuan courtyard restaurant where the ingredients and spices you hunted for in the market will soon be put to use. A briefing will take place in the courtyard with Sichuan Gaiwan tea

as the traditional custom to entertain guests. After learning about the Sichuan tea culture, you will be guided in the food preparation by the professional chef. Follow your chef's instruction step-by-step to create a wonderful meal. Enjoy the lunch or dinner cooked by yourself. You will also enjoy refreshments during the class.



What's Important:

What's included:

English speaking guide

Market tour

Hotel pick-up/drop-off

Food ingredients

Afternoon tea





Beverages/beer

Light refreshments

Food tasting

Lunch or dinner based on your class schedule

Printed recipes

What's not included:

Gratuities (optional)

What to take: smile and a relaxed enthusiastic attitude.

Good to know:

3-dish: Includes 1 meat dish, 1 vegetable dish and 1 cold dish; or 1 meat dish and 2 vegetable dishes

5-dish: Includes 2 meat dishes, 2 vegetable dishes and 1 cold dish; or 2 meat dishes and 3 vegetable dishes

Please advise in advance if you need a private cooking class just for you.

Please advise about your food preferences in advance so that we can be prepared for what you want to cook.

We can provide day tours in Chengdu as well, feel free to enquire.

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